

Chiropractor FAQ

In order to answer many of the questions our patients have been asking over the years, we have chosen those which were asked most frequently, together with brief answers.

1. What is Chiropractic?

Chiropractic is the science, art and philosophy of adjusting by hand all articulations (joints) of the body, particularly those of the spine in order to restore normal nerve flow, and body mechanics. This allows the body to naturally heal itself.

2. Will Chiropractic treatment interfere with the treatment that I am now getting from my family doctor, dentist, etc?

Chiropractors are concerned mainly with the musculo-skeletal system and nervous system which coordinates it. By relieving nerve interference the system is able to function much more normally, thereby enabling you to respond to forms of treatment more readily

3. Will Chiropractic cure my child?

Chiropractic is not a panacea or a cure all: it is one of the many health services necessary to maintain and improve the health index of the sick and debilitated. Chiropractic is concerned mainly with the nervous system, just as dentistry is with the teeth, psychiatry with sickness of the mind and medicine with organic disease. Children usually respond to chiropractic adjustments more readily than adults. Their little bodies are growing, the tissues are rapidly developing and can be changed from a state of sickness to a state of health quite readily. Children love chiropractic adjustments because they are gentle and painless. Many problems take along time to develop and begin in childhood. By detecting biomechanical states that predispose children to problems in later years, the problem can be prevented.

4. Do all patients have reactions as a result of Chiropractic adjustments?

As a general rule reactions do occur in approximately 15% of chiropractic patients. These reactions will occur within four hours after a patient has received an adjustment. This may take the form of a mild headache, slight nausea or muscle soreness. Reactions when they occur are expected. They guide the doctor as to the patient's tolerance and tell him that the method of treatment is stimulating the involved nerves, just as a dentist would expect a sore jaw and gum after an abscessed tooth is removed.

5. Do you have to have faith in Chiropractic to get best results?

No! Chiropractic is a scientific way to removing the cause of many diseases. The body does the healing. A chiropractor's job is much easier, if he has the faith and confidence of the patient, but it is not necessary.

6. How long will it take to obtain results?

Usually in a short period of time you will begin to feel relief. Some conditions, however, may not respond as rapidly as others because these conditions have been developing over a long period of time.

7. Must I continue Chiropractic care when I feel good?

Chiropractors believe in the old adage – “an ounce of prevention is worth a pound of cure”. Regular, periodic check-ups by your chiropractor is your best health assurance. Stresses on the neuro-musculo-skeletal system can be detected and eliminated before disability and illness develop. Twice a month or once a month check-ups are recommended according to the need of the patient in order to maintain a normal state of health.

8. What conditions do Chiropractors treat?

Chiropractors treat a wide variety of conditions for all ages. From the newborn with colic, ear infection, asthma, allergies, to young children with headaches and growing pains. Adolescents with migraines, menstrual cramps. Spinal curvature (scoliosis), sports injuries, to adults and geriatrics with general aches and pain due to arthritis all respond favorably to chiropractic adjustments.

We trust the foregoing will serve to answer some of your questions. We would be pleased to answer personally and additional questions that you may have, contact us today.