

I have heard that chiropractors may be able to help treat asthma. Is this true?

At our annual chiropractic meeting in Kelowna, Dr. A. Rosner spoke to us regarding asthma treatments and chiropractic. New research shows that chiropractic care can help many conditions as well as asthma.

When the spine is correctly aligned with chiropractic adjustments and the nervous system and nerve flow is at its optimum, body functions will improve. It is also important to remove the stressors that aggravate the asthmatic condition such as diet, often dairy and environmental causes (dust, molds, pets etc). This combination of chiropractic care proper diet and a clean environment can greatly improve a very stressful condition.