

I have had a very stiff and sore neck for a couple of weeks now and have difficulty moving it?

A stiff and sore neck arising without cause can sometimes be difficult to diagnose.

Although the range of motion is painful and limited, chiropractic subluxations can still be identified and adjusted. These adjustments are site specific and gentle. The doctor is often able to realign the vertebra on the first visit and bring about immediate relief.

There are other contributing factors such as flu, stress, overuse and arthritic changes that need to be considered. Recurring stiffness and pain is highly suggestive of an underlying problem that is likely to get worse over time.

Have your spine examined and get informed as to your state of health.