

What are subluxations?

A subluxation is characterized by a complex interaction of changes which occur in the spine, the joints and their associated structures. This affects five distinct parts of the body, spinal mechanics, neurological flow, muscle health, hystological changes (i.e. tissue changes) and bony changes (i.e. arthritis).

Chiropractors are able to recognize these subluxations by palpating the spine and then bring a correction to the area through adjusting. This allows the body to initiate it's own healing mechanism's without the use of harmful drugs and eventually restore itself to proper function.